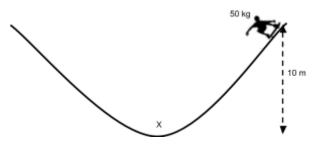


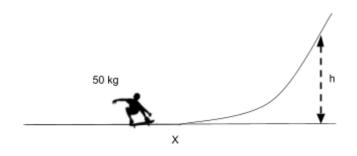
1) A 50 kg skateboarder starts from rest 10 m high up a ramp. He then rides down the ramp as shown.



- a) Calculate the potential energy of the skateboarder at the top.
- b) Assuming the frictional force of the track is 20 N and the length travelled to position X is 8 m, then find the work done against friction.
- c) Determine the skateboarder's kinetic energy at position X.
- d) Calculate the speed of the skateboarder at position X.

[a) 4,900 J, b) 160 J, c) 4,740 J, d) 13.8 ms⁻¹]

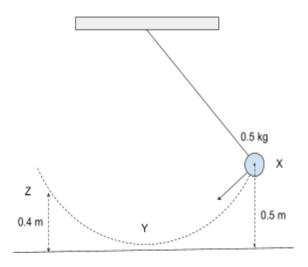
2) A 50 kg skateboarder reaches a speed of 6 ms⁻¹ at point X. The frictional force of the ramp is 10 N and the skateboarder travels a distance of 8 m *on the ramp*.



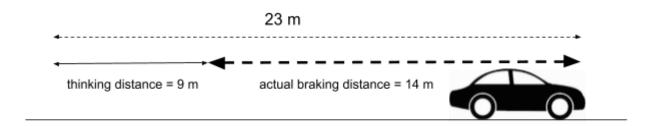
- a) Calculate the kinetic energy of the skateboarder at position X.
- b) Find the work done against friction by the skateboarder
- c) Determine the vertical height reached up the ramp by the skateboarder.

[a) 900 J, b) 80 J, c) 1.7 m]

3) A pendulum of mass 0.5 kg is lifted up to a height of 0.5 m and let go. The pendulum reaches to a height of 0.4 m at the other side.

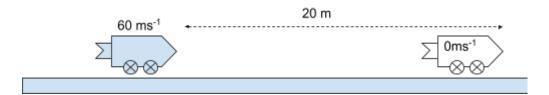


- a) Calculate the potential energy of the pendulum at position X
- b) When the pendulum reaches point Z determine the energy lost overcoming friction.
- 4) A car of mass 2000 kg travelling at 13 ms⁻¹ brakes and comes to a stop in a distance of 23 m, 9 m are actual `*thinking distance*' the remaining distance is the stopping distance caused by the total braking force acting on the car.



- a) Find the kinetic energy of the car during the thinking distance
- b) Determine the breaking force of the car.

- 5) A 2 kg metal ball falls from a height of 5 m. Assuming that there is no air resistance;
 - a) Calculate the potential energy of the ball when it is 5 m high. [98 J]
 - b) State the kinetic energy of the ball just before it lands.
 - c) Using conservation of energy determine the speed of the ball just before it strikes the ground.
 [9.9 ms⁻¹]
- 6) A 200 kg experimental rocket traveling at 60 ms⁻¹ is brought to a halt on a section of track of length 20 metres.



- a) Calculate the work done by the frictional force of the track to bring the rocket to a stop.
- b) State the energy transfer that has taken place.
- 7) A small rocket, mass 100 kg, is launched with a velocity of 25 ms⁻¹. It is calculated that the work done by the rocket overcoming the frictional force of the air is 19,490 J.
 - a) Calculate the kinetic energy of the rocket at launch. [31,250J]
 - b) Using conservation of energy determine the height the rocket reached. [12 m]
- 8) A 2000 kg car travelling at 18 ms⁻¹ is brought to a stop in a distance of 0.5 m.
 - a) Calculate the kinetic energy of the car before it stops.
 - b) Determine using conservation of energy the average stopping force from the wall.



stopping distance = 0.5 m

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